that will be the focus for the penis. And all of the pre-anal intercourse stimulation given the buttocks will increase the pleasure of the first and final thrust to orgasm.

The important thing is for the one who is lying down to relax at this point, letting his body attain the feel of floating while the massage is going on. The spinal column is like the switchboard of the body. The nerves located between the bones of the spine should be massaged. This insures complete relaxation.

Then, when this has been accomplished it is time to move on down to the buttocks. Move on with wide sweeping movements, engulfing the entire buttocks in the hand-grasp. Feel inside the thighs and stroke lightly. Now, go on down the thighs to the calves. Massage and relax them. Then to the feet which do respond to massage, relaying health and tone to all parts of the body as reflexologists tell us.

Now it is time to return to the anal area. Massage it. Put the face against it, kiss it, lick it. Stimulate at this point. Build the passion to fever pitch. Don't be afraid to cut loose from all foolish inhibitions that limit pleasure. Put the face right in the buttocks and spread them. Now, lick and kiss all around the anal opening. Insert the tongue and stab "screw" with the tongue. This will prepare the anal opening for the invasion of the penis. No doubt the one who is being thus adored and loved, will gasp and groan a little in sexual ecstasy, and this is just as it should be. It is important to writhe and moan in anticipation of the sex act. It is short-changing oneself to move too swiftly. The entire anal area is full of erotic responding nerve endings. These nerve endings will respond to your touch, to your fingers, your tongue, your penis. But it is depending on the expertise and skill with which you use the fingers, the tongue, and the penis that will cause the participant to experience sensual delight and ecstasy.

That is why prostitutes are visited. They have learned the many secrets of sex from experience. And they are in business not to preserve a moral ethic but to provide erotic, sensual pleasure. To delights that many men can never experience at home. Therefore, it behooves the homo-

sexuals who would achieve the most pleasure from their bodies in intercourse, to make sure they are not limited by any stuffy moral nonsense cloaked in superstition. Only by shedding all inhibitions and really getting in there and licking, sucking and thrusting the penis with unbridled force can sex happiness be achieved.

Now that the man is steamed up from the licking sensations, it is time to prepare for the invasion of the anus by the penis. Some men might like to take a breather at this point, and with both bodies oiled, have a moment here for kissing. They might prefer to use this moment for wrestling. But it should only be a momentary delay as the sex act should be completed swiftly.

Now is the time to mount the buttocks and begin sodomy. An excellent position is for the one who is being sodomized to get on his knees and spread his legs. He can rest on his arms, glancing back to see the huge penis that is ready to invade his anal area. The other partner can kneel behind him and be prepared to shove his penis in to obtain sexual release. It is important that the penis and the anal passage have enough liquid to make the entrance smooth, not rough. One method is to use oil, KY (surgical jelly). Some prefer the more primitive method of spitting in the hand and then massaging it around the penis.

Any method that provides a slick, smooth entrance is a good one. Once the penis has been inserted, the one who is the active sex partner can place his hands on the other's buttocks, guiding them as he thrusts his male organ back and forth. And the one who is being sodomized can try to guide his buttock movements to the tempo of the man who is being active in intercourse. With mutual effort the tempo can build to the sexual pitch necessary to produce peak pleasure from the orgasm.

Another point that is vital. Following intercourse the penis should be pulled out slowly, not swiftly. It can be very painful if the penis is pulled out too quickly. Therefore, it must be recommended to use care and caution on completion of orgasm.

A shower following the act is recommended. It helps and is needed to relax the body and the nerves. A steamed-up

anal intercourse session such as we have described, demands a period of pause so both parties can relax.

If care has been taken it is entirely possible both persons will have achieved orgasm. Prostate gland excitation, if handled carefully, has sufficient power to induce climax. Groping down for the testes can add to the pleasure. It might be possible to feel the penis and assist in masturbation, thus bringing on climax in this manner.

The important thing is to work harmoniously to bring about mutual sex cooperation so both persons can be satisfied. When a particular movement pleases a partner they should say. so. A certain grip of the tight rectum, a twist, or a push can be particularly pleasurable.

The one who is doing the sodomizing should inform his sex partner he is enjoying this nuance of the sex act and suggest a repeat.

Respect and desire are the two prerequisites that should be established at the outset of anal sex. When two human beings rightly respect each other they can find harmony, agreement and happiness. However, when there is mutual mistrust or fear of any kind, the pleasure is bound to be diminished.

So unless both partners agree, it should be forgotten.

However, when agreement is made, it should be discussed so that each person knows beforehand what each is eager and willing to do. And in the next chapter we will go into some of the erotic stimulation techniques that can be employed to the complete satisfaction of each partner.

## CHAPTER FOUR

## DIFFERENT WAYS OF PERFORMING ANAL INTERCOURSE

First we must mention some of the things that should be considered before anal intercourse is practiced. There are some men who can accommodate any size penis without advance preparation. But with most men caution and some gentle care are important concerns.

Some damage can be done if anal sex is not performed in the proper manner. This is true because the large intestinal tract walls are very vulnerable to puncture.

Inserting any pointed, sharp object could be dangerous. However, if the penis is correctly inserted it will cause very little or no injury whatsoever.

It is imperative that the sphincter muscles of the anus should be relaxed to allow correct penis entrance. So it is vital that both partners should relax. Caressing, kissing,

loving movements will enhance relaxation. By using the fingers for pre-penis insertion, the anal area can be prepared for the act. The active partner will do well to caress and fondle the buttocks of his partner, now and then working his hand between the cheeks of the buttocks.

But don't focus first on the anal opening. First massage the perineum, the area situated between the testicles and the anal opening. Stimulation of this area sends vibrations up through the penis. By gently massaging this area and giving short strokes, the person who is awaiting the penis can be stimulated, relaxed and prepared.

Some substance can be placed against the anal opening that will make penetration easier. Using a finger can open the anal canal, making it ready for entrance. A lubricant spread here and on the penis will make the entrance easy. Vaseline, Ky (surgical jelly) and Abolene are commonly used. Many prefer baby oil saying it is less messy and accomplishes the same purpose. When the anal opening has been massaged with the fingertips and the lubricant, it will then be ready for the act to commence.

One partner can drape his body across the end of the bed and let his buttocks flip-up. The other partner can kneel on the edge of the bed for vantage-point thrust and begin.

With each thrust the one who is being sodomized should attempt to find harmony and match the movements of his sex partner. It is when these movements are synchronized correctly that the pleasure can be the most intense.

## CHAPTER FIVE

## POSITIONS FOR ANAL INTERCOURSE

1. Lying on the back is one position for enjoying anal sex. The one who is the active partner lies on his back at the edge of the bed with his feet dangling over the edge. Now his sex partner straddles him and he lowers his buttocks over the waiting penis of the other. This allows good thrust position for the one who is on his back and it is also beneficial to the passive partner.

It allows the passive partner the opportunity to lower his rectum slowly over the penile shaft, so it doesn't cause pain he is unprepared for, by the sudden jabs that do take place when the other positions are employed.

2. Dog-fashion anal intercourse can be accomplished on the floor or on the bed. One partner gets on his hands

and knees and the active partner kneels behind him. Carefully he slips his penis in the anal opening and he has a good gripping position. He can play with the dangling testicles, massage the prostate with his penis and masturbate the penis of his lover. Many men like this style best.

3. Kneeling on the bed by both partners is one technique that enables the active partner to view the anal opening of his partner. In this front-to-back approach, one kneels and throws his buttocks up to meet the penis of his partner. After the penis is inserted, the active partner can bend over and grip the naked body of his lover for more satisfaction as he thrusts to climax.

4. One of the most unusual positions in anal intercourse can only be accomplished by agile athletic bodies. But if it is done by the right persons it can prove to be one of the most stimulating, exciting forms of sexual intercourse. It should begin with face-to-face kissing and petting. The hands of each lover should grope the buttocks of the other lover. And then the one who will be sodomized should lie on his back. Next he should lift his buttocks up to meet the penis thrust of his partner. Now he must angle his body in such a way that his own penis will slide into the mouth of his lover. In this way he will be sucked on while he is at the same time sodomized. It is a unique and exciting experience. Only rarely do people perform it because the bodies must be thin and athletic enough and the right size, to make this sensational connection possible.

5. In surveys with homosexuals who spoke of their favorite forms of anal intercourse, the front-to-back position was most popular. In this the passive partner lies on his stomach. The active partner straddles the passive partner so he is positioned with his penis over his buttocks. The legs of the passive partner should be spread apart to allow easiest access to the anal opening.

One advantage to this position is that the active partner can watch the facial responses of the one he is sodomizing. He can detect without talk whether his penis is producing pain or pleasure for the one he is loving. It is a very good technique for this reason alone.

Sometimes the active partner, after insertion, lies down

on his loved one, placing his entire weight on his body. However, when this position takes place the prostate gland doesn't always get the erotic massage that stimulates and pleases it. Just the same it is still the most popular position.

Another position is when the passive partner reaches back to guide the penis. In this way he can insure himself against pain.

A mirror is a good thing to increase visual stimulation. For it is with the mirror that the individual obtains a certain type of gratification he could not gain in any other way.

6. Face to Face Anal Intercourse is accomplished when the passive partner lies on his back and throws his legs up over the shoulder of the active partner. The active partner can stand at the side of the bed and from this standing position he will be able to gain great thrust. This allows him almost total access to the anal area. It provides both partners with an erotic experience with anal intercourse that cannot be obtained from any other position.

Not only is the degree of thrust greater, but it allows a face to face contact, permitting kissing to continue until climax. The active partner who is standing can stroke the inner thighs quite easily from this position.

7. Front-to-back position, utilizing pillows to bring the rear end up to meet the penis is another fine angle. This allows the active partner to stand and grip the buttocks while he plunges his penis until climax. The number of pillows placed under the stomach, of course, will vary with the men involved and the finding of the level where the penis fits in the anus.

8. Sitting in a chair sex can be very enjoyable for different reasons. Should this be done before a mirror both can watch their bodies merge in this act. The active partner sits in the chair his erection striking up to greet the sliding anus as it, in turn, glides down the shaft. It is a very exciting experience and if it is done slowly, with care, can prove very pleasurable to both sex partners.

9. Side-by-side anal sex can be exciting as it sometimes offers more distance in the anal area for the thrust. One partner lifts his leg while the other partner slowly feels around his anal area. When the lubricants have been ap-

plied, with one leg up, the other stretched down, the penis can be shoved in place. It is a very exciting method of anal sex even though not commonly practiced.

## CHAPTER SIX

## TECHNIQUES OF ANAL SEX

There are certain techniques and pointers to be remembered to make anal sex beautiful. Above all the psychic side of anal sex must be such that a wholesome, honest, unprejudiced attitude exists.

Some warped minds look upon the genitals as "dirty", sex action as "shameful and guilt-ridden" and anything outside of male-female copulation, perverted.

However, the taboos of the Dark Ages have vanished for most people today. In those dim-witted days they had the idea the only reason for any copulation was reproduction. Men and women dressed when they had sex, (so historians try to tell us). A hole in a garment allowed the penis to enter another hole through the female garment leading to her vagina.

Such nonsense fooled many people for a long time. The Victorian sex sickness even forced piano legs to be covered. There have even been those in modern times who want to make under-garments for dogs so their genitals will not be exposed. Traces of this diseased thinking still exist.

However, to informed, enlightened, fair-minded psychologists and psychiatrists the sexual desires of the homosexuals do not represent the sorry syndrome they hurled at variant sex in the past. Rather it is a sexual sensitivity to one's own sex that can be healthy as heterosexual sex. If the desire springs naturally for this kind of sex action, it is tragic to try to pervert this natural homosexual desire into heterosexual channels. This is diseased thinking, of 'psycho' psychiatrists on their own ego-trip, who label everything they personally cannot feel or experi-

ence as "sick", "evil", "arrested development" or "wrong". They have made fortunes from men and women who have gone to them to help them "adjust". Some of those whom they have helped adjust have been permanently damaged through their dangerous counsel.

Looking back at the record of history we can see how puny their primitive ideas are. For it is in history that the truth is told. Here we see homosexuality as a natural sexual variation, surfacing wherever man has existed in all nations at all times. Those who would brutalize, harm or threaten others whose sex views vary from theirs are but continuing the warped work of the ignorant, hateful and unwise. Sympathy for their warped view is permissible, but we cannot allow their tyranny to subject one more victim to their error.

So it is unthinkable to try to involve anyone in anal sex who isn't ready, willing and psychologically able to enjoy this form of sexual encounter.

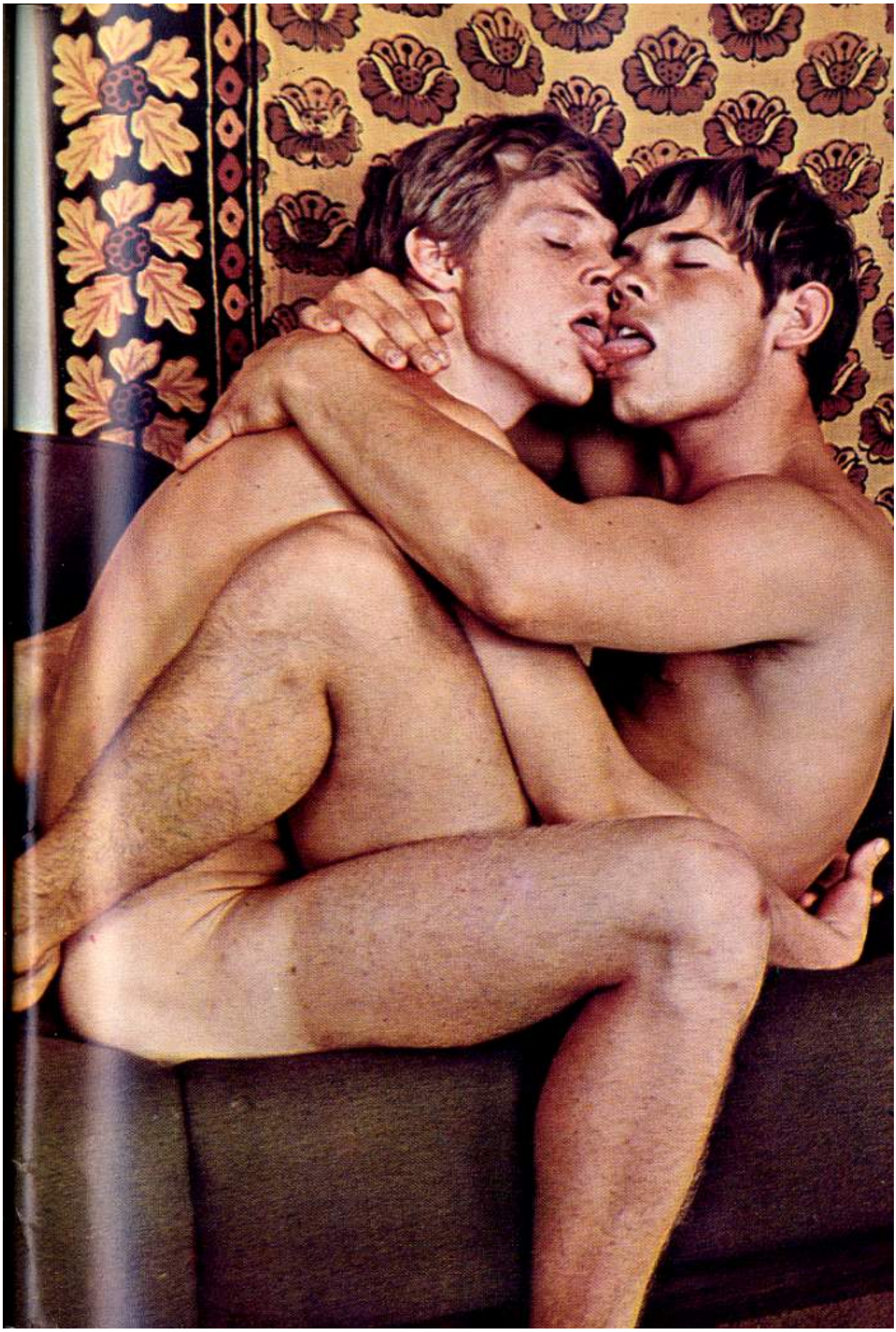
The techniques to be employed are vital if the pleasure and satisfaction from this kind of sex are to be complete. One excellent technique is for the active partner to often kiss the back and shoulders and ears of the passive partner so he will enjoy the sex act more. This tenderness and gentleness reflects consideration. Feeling and tenderness are components of love. And love is what makes sex glisten with the luster of inspired goodness.

Never rush entrance. Allow enough time for penis thrust penetration no matter how "hot to trot" a person may be. The slow, gentle penetration will insure no injury and add to the pleasure syndrome greatly.

The one who is performing sodomy should never rest too much weight of his on a smaller man. This will lessen the pleasure for one who is being sodomized.

As the penetration is achieved, the active partner should slide his penis in and out in varying tempos. Slow, strong strident strokes will produce a certain kind of pleasure. And the fast, thrusting strokes of an anxious lover will produce pleasure all its own. So vary the stroke.

The passive partner must feel the sex beat of his lover. And he must respond. The anal area is not meant to just



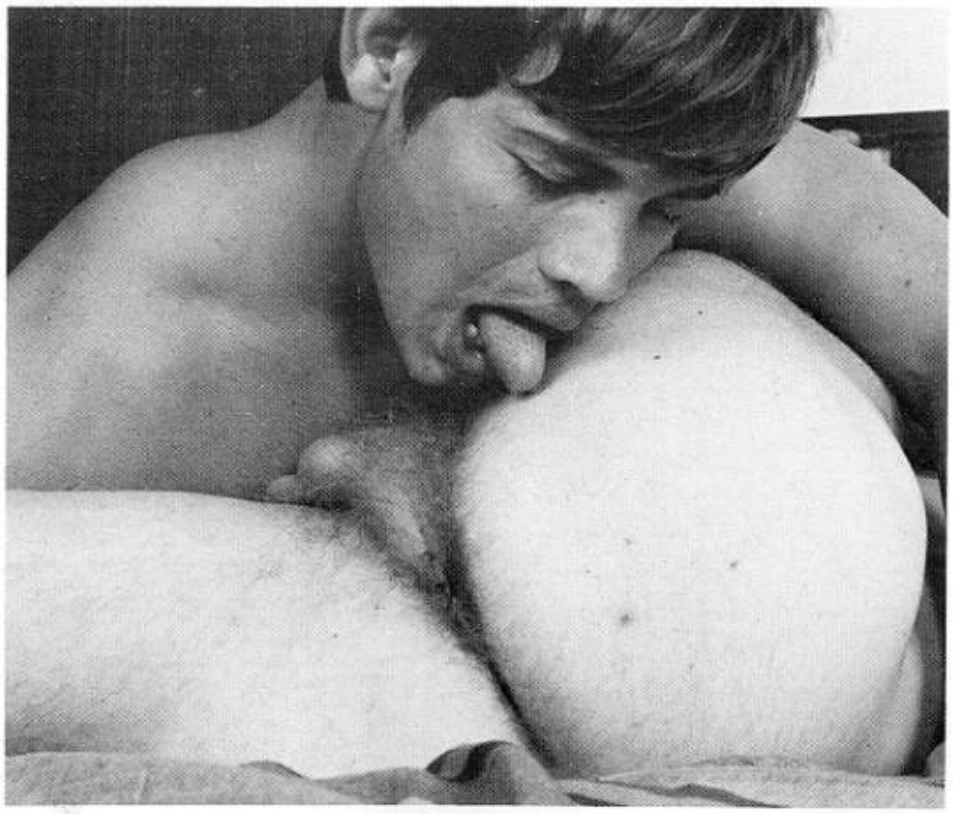
lie there and have a penis stuffed up it . . . it is meant to move, to glide back in thrilling appreciation of the superb thrusts and exciting sensations it is obtaining.

Actually the tempo increase of the active partner should commence when he can see the passive partner is enjoying himself. The whole anal sex act is done for pleasure and when two-way pleasure is accomplished, then the tempo should speed up. As the thrills build, the tempo naturally increases until climax.

Premature ejaculation is something to consider. If either partner gets too carried away with the excitement of the sex act, he should at that point take a break, and then resume. Otherwise the entire sensual experience is lessened in impact.

Control is a goal to work for. A man can achieve orgasm in two minutes. And therefore, the object is not to rush to orgasm so quickly all the erotic excitement is lost before it is obtained.

While it is true the face-to-face position for anal inter-



course can be accomplished, it is also true it cannot be done without some difficulty. For example, the reason why a couple of men might well prefer the face to face position is that it allows them the opportunity to express feeling, love or sensual delight via kissing, caressing and looking at each other while the act is going on. But what it doesn't take into account, is the fact that the penis has a problem sliding easily and quickly into the anal opening from this angle.

Therefore, it demands some manipulation to achieve the face-to-face and penis to anus coitus position.

However, a pillow might raise the anal area of the passive partner to a position where he can gain entrance. It is more important than ever that the penile and anal area be well lubricated in this position to make for the maximum entrance and pleasure.

The entrance should be slow and with great care. By angling the body correctly it can be accomplished allowing kissing to climax to continue.

## CHAPTER SEVEN

## CONCLUSIONS

We must know what to do and what not to do to enjoy any activity. That happens to include sex, although it makes some people a bit uneasy to think about it. However, as we have widened our thinking to give some sober thought to our sex activities, we must admit the homosexual sex life has been tragically neglected.

Over and over all kinds of experts are glibly telling how heterosexuals may do this or that. Via advertising campaigns which commercialize sex from here to nausea, the

breasts, legs, and sex gags pour out. But this is not considered distasteful or immoral, even though some of the comic quips are simply "dirt" for dirt's sake. Now, when a book is presented which shows homosexuals who have been slighted for so long how to enjoy their own bodies, we must think it is about time. We have tried to present a view of homosexuality through the ages. We have shown how superstition, myth, religion and all kinds of fanciful fears have done their black magic in making male-male sex appear evil.

Now that the world is so overpopulated that a crisis stage has been reached, the old words "Be fruitful and multiply" sound strangely ghoulish, not godly.

And when we measure the contribution of human beings, must we not measure their minds, their thoughts, their ideas and what they have contributed as being of prime importance. Somehow the most spectacular things for small minds to mention is this or that sex joke, gag, or inference.

Serious talk about sex escapes most people. When the facts are all in, we may discover that our sexual nerve endings were honestly made for pleasure. The fact man could procreate, didn't mean he should become lost in this activity. In his insistence for conformity to this particular view he winds up polluting and corrupting his environment and the world.

Against this we offer a guide to erotic fulfillment. The various methods in which people may obtain sexual gratification should never fill us with horror but happy contemplation. Things that harbor horror are famine predictions and threats of an atomic war, where radioactivity will destroy all living things. This is death. Sex is pleasure, an inspiration for life and the producer of life itself.

Whether a human being prefers heterosexuality, homosexuality or lesbianism, it is after all a matter of personal taste. Whether in these sub-divisions a person prefers oral, anal or vaginal stimulation — this is largely a matter of personal taste. The important thing for the individual, is to be able to enter sexual activity with proper knowledge. Knowledge of the marvelous sensations the body is created to enjoy.

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